

# Advanced Course in Meaning Centred Therapy (Logotherapy) Studies

## STUDENT HANDBOOK

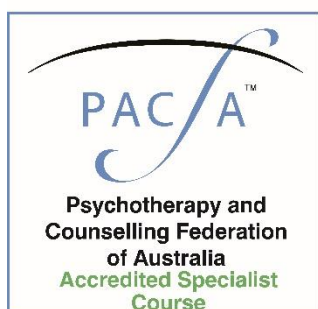
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# Advanced Course in Logotherapy

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## Advanced Course in Logotherapy



The Advanced Course in Logotherapy is accredited by PACFA as Specialist Training. Although enrolment is open to all<sup>1</sup>, PACFA registrants who wish to be recognised as Logotherapy Specialists must complete 72 hours of face-to-face training. This can be done in conjunction with Viktor Frankl Institute Australia Education Days held on three weekends each year. PACFA registrants seeking specialist accreditation must also complete 15 hours of client work in Logotherapy with one hour of supervision for each five hours of Logotherapeutic work. This can be completed online via ZOOM or face to face. The Advanced Course is recognised by the Viktor Frankl Institute in Vienna and able to articulate into further study with the Viktor Frankl Institute in the USA.

Logotherapy is for everyone and provides an additional set of skills that will add to your professional expertise. It will provide you with a deeper understanding of what it means to be human and of life itself.

Our courses have graduates and students from the medical profession, psychology, counselling, nursing, pastoral care, ministers of religion and the business world.

If you are seeking a new perspective on your own life or to acquire skills and understanding as an adjunct to your core profession, this course aims to provide that pathway.

<b>Duration</b>	<b>Structure</b>
18 months to 2 years (part-time)	4 Units
Extensions may be granted up to four years.	Allow 6 to 12 months to complete each unit.

### Course Delivery

Online, full time, self-paced or a combination of these over the period of enrolment.

### Learning Support

A tutor is appointed to work with you during your enrolment. You can have regular email, skype or telephone contact with your tutor and join the online group for each Unit.

### Submission of Worksheets and Assessments

Students enrolled in the **Advanced Course** email all worksheets and assessments directly to your tutor for marking. They will be returned to you, with comments, via email. The online Learning Management System keeps track of your progress.

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<sup>1</sup> Entrants do require a high level language and literacy levels sufficient to interpret complex documents and summarise learning in significant written assignments.

# Advanced Course in Logotherapy

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## Entry requirements

A recognised higher education or vocational education qualification at Certificate IV or above is recommended. A background in medicine, nursing, community services, social work, counselling, psychology, psychotherapy, pastoral care, chaplaincy, education or related fields or sufficient work experience to indicate likely success at this level is an advantage.

## Course Structure

The advanced diploma and advanced course each consist of four units:

1. An Introduction to Logotherapy - Analyse Logotherapy in therapeutic practice
2. Logotherapy and the Human Condition - Use Logotherapy as a psychotherapeutic tool
3. Develop Logotherapy encounters
4. Use Logotherapy with mental disorders

The first Unit is a prerequisite for all of the others and students are required to complete this Unit successfully before progressing to the remainder of the Units. Students would then usually follow the Units in sequence. Unit four can only be done after the completion of the first three Units.

Students are required to purchase the text for each unit in either hard copy or online before beginning each Unit.

## Unit 1 : Introduction to Logotherapy - Analyse Logotherapy in therapeutic practice

<b>Section 1</b>	<b>Overview</b>
<b>Section 2</b>	<b>Basic Concepts</b>
<b>Section 3</b>	<b>The Human Spirit</b>
<b>Section 4</b>	<b>Finding Meaning in Unavoidable Suffering</b>
<b>Section 5</b>	<b>Introduction to Techniques</b>

Text: Man's Search for Meaning (Viktor Frankl). (Beacon or Rider editions)



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## Unit 2 : Logotherapy and the Human Condition - Use Logotherapy as a Psychotherapeutic tool

**Section 1** Overview of the development of Psychology

**Section 2** The philosophy of Existential Analysis.

**Section 3** Discovering meaning in daily living

**Section 4** Some logotherapy techniques

**Section 5** Some logotherapeutic situations



Text: The Will to Meaning (Viktor Frankl)

## Unit 3 : Develop Logotherapy encounters

**Unit 1** The steps of a logotherapy intervention

**Unit 2** Revising and extending techniques

**Unit 3** Motivation, values and attitudinal change

**Unit 4** Specific applications of logotherapy

**Unit 5** Structured experiences



Text: Logotherapy: Method of Choice in Ecumenical Pastoral Care (Ann V. Graber)

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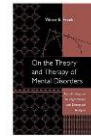
**Unit 4 :        Use Logotherapy with mental disorders**

**Section 1       Frankl's Classification System**

**Section 2       Logotherapy and pre-diagnosed conditions**

**Section 3       Noogenic Neuroses and the Collective Neurosis**

Text: On the Theory and Therapy of Mental Disorders (Viktor Frankl)



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## Student Support

You will have study support from qualified Logotherapists who also have higher level degrees in other disciplines – Counselling, Psychology, Sociology, Education.

In addition to the online lectures for your course, you can email your tutor at any time and if necessary you can organise a time to meet with your tutor online to discuss aspects of the course or seek clarification of concepts or support with assignments.

## Our Team

Paul McQuillan PhD, Psy D.

*Doctor of Philosophy (ACU), Doctor of Psychology (GTF), Master of Education (Guidance and Counselling) (USQ), Post Graduate Diploma of Educational Studies (Psychology) (UQ), Academic Associate in Logotherapy (Viktor Frankl Institute , USA), Diplomate Clinician Logotherapy (Viktor Frankl Institute , USA), Faculty Member Viktor Frankl Institute (USA), Member Viktor Frankl Institute (Vienna), Certificate IV in Training and Assessment TAE40110*

Motoko Shimokawa, M. Couns, M. Soc. Sc. (Pastoral Counselling), M.A.

*M Couns (QUT), M Soc Sc (Pastoral Counselling) ACU, MA(Sociology), BA, G Dip Ed, G Dip Interpreting / Translating, Cert IV Workplace Training and Assessment, PACFA Registration (Provisional), Advanced Diploma of Meaning Centred Therapy (Logotherapy) Studies, Lifeline Accredited Crisis Support worker.*

# Advanced Course in Logotherapy

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## Program completion requirements

Students will be eligible to graduate following:

- satisfactory completion of all theoretical components
- satisfactory completion of all assessments
- fulfilment of all compulsory attendance requirements (for students wishing to be recognised as completing a PACFA Accredited Specialist Training course).

## Compulsory Attendance Requirements:

To be provided with PACFA Specialist Training Accreditation you must complete 72 hours of face to face instruction which can consist of:

- Viktor Frankl Institute Australia Education days
- Tutorial and Assessment days for your Unit (offered if numbers are sufficient)
  - Tutorial and assessment days held in conjunction with the Viktor Frankl Institute education days each year. The units available on specific days depend on student enrolments. Our aim is to have one class for each unit each year and more if numbers permit.
  - The proposed schedule for the tutorial and assessment days is :
    - Friday prior and Sunday following Education days – 9 am to 5 pm (Friday), 10 am to 3 pm (Sunday)
    - Saturday – attend Education day (9 to 12), work on preparation with student group 1 to 4pm.
- Online tutorial sessions – held by arrangement via ZOOM with groups in each unit of the course.
- 15 Hours of Supervised client contact in the application of Meaning Centred Therapy including 3 hours of clinical supervision)

## Viktor Frankl Institute Australia Education Days

3 Education days are scheduled each year. Times are 9 am to 12 pm Saturday

**Dates will be announced on the website.**

Attendance in person is recommended, attendance via Videolink can be facilitated

To be recognised by PACFA as a Logotherapy Specialist you must complete the 72 hours instruction and 15 hours client work. It is possible to extend these over more than the normal four semesters (2 years) of your course, for instance attending 50 hours during the course, then adding further hours after all units have been completed.

**Attendance for non-PACFA registrants is not required** but recommended.

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## **IT requirements**

Students will need internet access to retrieve course materials, undertake assessment and participate in course online activities. A laptop or desktop with camera, microphone and speaker is required for all online interactive work.

## **Recognition of Prior Learning**

Recognition of prior learning is possible where students have completed equivalent studies with another institution *unless those studies have counted towards academic credit in a first psychotherapy or counselling training program, e.g. Bachelor/Masters of Counselling/Social Work, etc.* Credit is limited to one Unit of the four Unit course.

## **Complaints and Appeals Procedure**

Our complaints and appeals policy can be found here:

<https://www.lifechange.net.au/courses/>

<https://clubtraining.com.au/legal/complaints-appeals-procedure/>